

**Life Skills Scenario Analysis
And
Recommendations**

Senior HSC #3

Name _____

Academic/Career & Technical Related/Demonstration Lesson Plan

3

Instructor Russell

Date _____

Program/Class HSC/SR

Period 5 – 8

State Indicator/Competency:

- 1.2 Explore professional development opportunities.
- 3.1 Apply active listening skills to obtain and clarify information provided in oral communication.
- 3.6 Communicate written information
- 7.1.2 Basic civil, disability definitions, barriers to employment

Instructional Objective(s):

- 1. When given a scenario problem, students will identify how to make changes at work with 85% accuracy.
- 2. Given a scenario problem, students will identify how to budget money with 80% accuracy.
- 3. Given a scenario problem, students will identify how to pay bills on time with 85% accuracy.

Materials:

'Melinda' Case Scenario-Life skills
Recommendation for changes worksheet

Method of Instruction:

Blizzard Packet

Activities:

- 1. Each student will receive a Life Skills case scenario about Melinda. The case gives information about her employment, work skills, earnings, boyfriend, living at home, moving out on her own, budgeting, utility bills and other expenses, her attitude and life changes.
- 2. **ASSIGNMENT:**
 - Students will read the 1 page case scenario
 - Students will use skills and knowledge previously learned from their self-advocacy unit to analyze Melinda's life.

- **Students will use paragraphs to make recommendations on 7 areas that Melinda is having issues with in her life.**

- a. Financial struggles**
- b. Phone use at work**
- c. Boyfriend issues**
- d. Expenses**

- e. Difficulties at work**
- f. Friend drama**
- g. Apartment living**

- 3. Students will submit their recommendations on the assigned due date.**

Assessment: Case scenario recommendations – 10 points

Melinda graduated last year from high school. During her senior year of high school she was hired at the Blue Lagoon Restaurant as a dishwasher. She worked 12-15 hours a week during the school year and, after she graduated, they increased her hours to 35 hours a week; which means she was washing dishes 35 hours a week! Melinda loved salads and longed to work in the salad prep area. Working in the salad prep area meant there would be no more scrubbing dirty pots and pans or scraping left over food off of hundreds of plates each day before placing them in the dish machine. She was a good worker in the dish area and the managers of the restaurant noticed. One day, an employee called-off in the salad area and another employee quit. The manager was in a bind and needed help in the salad prep area, so Melinda was given an opportunity to make salads. Melinda was really excited and did such a great job that she was given \$1.50 raise and was transferred from the dish area to the salad prep area. Her hours were also increased to 40 hours a week, which meant she was making enough money to move into an apartment with two of her best friends.

All was going great for Melinda, she had a boyfriend, wasn't living with mom and dad, had a good job and money to spend. The next thing she did was get a credit card and began buying nice clothes and small gifts for friends. She also didn't cook at home very often and went out to eat for most of her meals. Her boyfriend decided to join the Army and was leaving for basic training in a few weeks. Salads were starting to get boring. She was responsible for making 400 tossed salads and a variety of 100 large salads a day. Each of the large salads required different ingredients that needed prepped and the tossed salads had to look exactly the same. Each tossed salad needed two cucumber slices, 4 croutons, 1 teaspoon of bacon bits and one tomato wedge. The managers were noticing that many of the salads were sloppy, ingredients were missing and the salads did not look exactly the same. Her cell phone was always ringing at work because of text messages or calls from friends and her boyfriend who was leaving for the military. She was informed that the next time she was using her phone at work or the salads did not meet standards, she would be written up. If she was written up three times, she would be terminated. There were a few problems at home. She was overspending and didn't seem to care. She was behind on a few bills at the apartment and owed \$1700 on her VISA bill.

What should Melinda do? Her happy world that appeared so happy and fun a few months ago is crashing in on her. Her boss is mad, her roommates are mad about the money she owes on the apartment bills and mom is always commenting that she should budget her money and forget about the boyfriend. Boys that join the military rarely visit home and usually find girlfriends all over the world.

List what Melinda needs to change at work, with her money, phone, boyfriend, bills, friends, and apartment. What can she do that would make life better for her?

1. Money

2. Work

3. Phone

4. Boyfriend

5. Bills

6. Friends:

7. Apartment