



Maplewood Career Center recognizes that wellness and proper nutrition are related to students' physical well-being, growth, development and readiness to learn. All foods available in the district schools during the day are offered to students with consideration for promoting student health and reducing childhood obesity. Foods provided through the National School Breakfast & Lunch Programs comply with federal nutrition standards under the Healthy Hunger Free Kids Act.

## Wellness Meetings for SY 2023-2024

- Thursday, September 14, 2023
- Thursday, November 16, 2023
- Thursday, February 15, 2024
- Thursday, April 18, 2024

**All meetings held in the cafeteria at 1:30 pm.**